



Mandt Student Academy

The Mandt System™

Experts who know workplace dynamics

Benefits

The Mandt System™ teaches you how to effectively manage a potentially negative or dangerous situation by managing your emotional response so you can interact with other people positively.

In The Mandt System™, we focus on prevention. We believe that building healthy relationships in the workplace is the primary ingredient in a prevention strategy.

Our secondary focus is de-escalation. We understand that escalation is an emotional process and that until all parties are de-escalated, nothing positive will take place.

We teach the necessary skills and tools to manage these situations successfully, reducing the risk of negative reactions and unsafe situations.

For more information on The Mandt System™, please visit mandtsystem.com

Relational Classes

- **Building Healthy Relationships** – Healthy relationships, the graded system of alternatives, professional and personal boundaries, Maslow's hierarchy of needs, and the Crisis Cycle
- **Building Healthy Communication** – Communication processes, non-verbal communication, active listening, para-language, and principles of touching
- **Conflict Resolution** – Building healthy conflict resolution, understanding confrontation and communication in conflict, fear, and how to resolve conflicts

Technical Classes

- **Assisting & Supporting Skills** – Physical interactions, implementing physical interactions, stance and balance, body mechanics and movement, and the side body hug
- **Separating Technical Skills** – Restrictive physical interactions, conflict resolution (SODAS), non-physical ways of gaining cooperation, finger holds, and clothing release
- **Restraining Skills** – Medical risks and signs of distress, prohibited practices, physical restraint, key points of restraining, one-arm restraint, and two-person restraint



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CENTER ON CHILDREN,
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